1923/24

University of California Bulletin

THIRD SERIES. Vol. XVI, No. 14

CURRICULUM

IN

PUBLIC HEALTH NURSING

1923-1924

MAY, 1923

PUBLISHED BY THE
UNIVERSITY OF CALIFORNIA PRESS
BERKELEY

Administrative Bulletins of the University of California

1923–24. No. 19

UNIVERSITY OF CALIFORNIA

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UNIVERSITY OF CALIFORNIA PRESS
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CURRICULUM IN PUBLIC HEALTH NURSING

ADMINISTRATIVE OFFICERS

William W. Campbell, Sc.D., LL.D., President of the University.
Charles B. Lipman, Ph.D., Dean of the Graduate Division.
James Sutton, Ph.B., Recorder of the Faculties.

Committee on Public Health Curricula and Degrees of the Graduate Council

Professors: Hyde (chairman), Legge, Lucas, Peixotto, Beckwith, Force, Morgan, Schmitt.

OFFICERS OF INSTRUCTION

Charles G. Hyde, B.S., Professor of Sanitary Engineering.
*Robert T. Legge, Ph.G., M.D., F.A.C.S., Professor of Hygiene.
Jessica B. Peixotto, Ph.D., Professor of Social Economics.
Lucy W. Stebbins, A.B., Professor of Social Economics.
Wilfred F. Langelier, M.S., Associate Professor of Sanitary Engineering.
Dwight E. Watkins, M.A., Associate Professor of Public Speaking.
Edith S. Bryan, A.B., R.N., Assistant Professor of Public Health Nursing.
Frank L. Kelly, M.S., M.D., Gr.P.H., Assistant Professor of Public Health Administration.
Ruth Okey, Ph.D., Assistant Professor of Household Science.
Eschscholtzia Lucia, A.B., Assistant in Public Health Administration.
Sophia M. Balch, R.N., Assistant in Public Health Nursing.
Helen S. Bloodgood, R.N., Assistant in Public Health Nursing.

STAFF OF THE PUBLIC HEALTH NURSING UNIT OF BERKELEY

The Public Health Nursing Unit of Berkeley is a local relief organization, authorized by the Commission of Public Charities of the City of Berkeley.

Edith S. Bryan, A.B., R.N., Director.
Sophia M. Balch, R.N., Assistant Director.
Helen S. Bloodgood, R.N., Assistant Director.
Alice Burton, R.N., Teaching Supervisor.
Georgie P. Foster, R.N., Teaching Supervisor.
Agnes Johnson, R.N., Teaching Supervisor.
Hester MacKay, R.N., Teaching Supervisor.
Katherine Roberts, Statistical Clerk.

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* Absent on leave, 1923–24.

GENERAL INFORMATION

Subjects in the Curriculum in Public Health Nursing were first given in the University of California in the Summer Session of 1916 under the direction of Miss Anna C. Jammé. The following summer, 1917, Miss Cecilia Evans of Western Reserve University, Cleveland, Ohio, came to the University to conduct the course in the Department of Hygiene, and in August, 1918 a division of Public Health Nursing was established. The course at first consisted of a term of six months, divided equally between class work and field practice. In 1921 the course was extended to cover a period of one college year.

The field practice, in the earlier years, consisted of work at health centers, and in juvenile courts, charity organizations, and public schools. In 1920, the Public Health Nursing Unit was organized in Berkeley to give public health nursing service to all agencies willing to coöperate.

Admission to the Curriculum.—Applicants for admission to this curriculum must qualify for admission to the University of California either (*a*) as graduate students or (*b*) as undergraduate students. Graduate students must possess the degree of Bachelor of Arts from a university of recognized standing or must hold equivalent credentials. Undergraduate students may be registered either (1) as matriculants or (2) as non-matriculated (special) students. Ordinarily, persons admitted to undergraduate standing must be graduates of accredited secondary schools and must hold testimonials of preparation for university work; in special cases, mature persons without such high school credentials who, nevertheless, have had practical experience in teaching or in other professional work may be admitted to the University as non-matriculated or special students. For information concerning opening dates and the general regulations governing admission to the University, address the Recorder of the Faculties.

Applicants to Secure the Preliminary Approval of the Committee on Public Health Curricula.—Intending students in this curriculum are urged to defer the filing of formal applications for admission with the Recorder of the Faculties until such time as they shall have secured the preliminary approval of the committee. Communications for the committee should be addressed to the Assistant Professor of Public Health Nursing, University of California, Berkeley, California. The applicant must be a graduate of an acceptable school of nursing and must have fulfilled the legal requirements of her profession. She must pass a satisfactory oral examination and must submit acceptable credentials and references including evidence of at least six weeks' hospital service in the nursing

of communicable diseases.* Such testimonials should be submitted at least two weeks before the opening of the session at which the applicant proposes to begin her course. Students enrolled in an accredited school of nursing which allows a final semester of elective work, may be admitted to the public health nursing curriculum for the completion of this semester, provided that they are eligible for admission to the University. Such students will receive due credit for this semester's work if they continue and complete another semester of the curriculum after becoming graduate and registered nurses.

In order that this preliminary application may be made, there are inserted at the end of this bulletin (1) a blank form of preliminary application and (2) a blank form of statement to be used by a physician in support of a preliminary application.

Certification.—Nurses who complete the curriculum will be granted the Certificate in Public Health Nursing. This certificate will admit the possessor to the examination conducted by the California State Board of Health for the credential of Public Health Nurse.

Expense.—An incidental fee of $25 a half-year is paid by every student. Tuition is free to residents of California. Non-residents are charged a tuition fee of $75 a half-year. Living expenses average $75 per month. An allowance of $15 a half-year should be made for car fare, to be expended on necessary field trips.

Field Service.—Plain dark suits must be worn in field service, with plain tailored hats, and walking shoes with straight moderate heels. Aprons will be provided but must be laundered at the student's expense. A fully equipped nurse's bag is loaned each student. A deposit of $2 is required, one dollar of which is refunded if the bag is returned without damage.

Scholarships.—Application should be made to the Division Director of the American Red Cross or to the National Organization for Public Health Nursing for information in regard to scholarships.

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* The San Francisco Hospital and the Alameda County Hospital offer courses in satisfaction of this requirement during the twelve weeks immediately preceding the opening of the University. Tuition, board, and room will be furnished without cost to accepted students. For further information address the Assistant Professor of Public Health Nursing, University of California, Berkeley, California.

DETAILS OF COURSES IN THE PUBLIC HEALTH NURSING CURRICULUM

The work of the student is divided into two parts: (1) Theory, consisting of lectures, recitations, and laboratory exercises, and (2) Practice, consisting of service under teaching supervisors in the various fields of public health nursing. The theoretical instruction is given during the afternoons of two academic semesters of sixteen weeks each. The practical instruction parallels the theoretical instruction and occupies the morings during a period of thirty-nine weeks.

Theory

Public Speaking 1A. Elements of Public Speaking (3)* I†. Watkins
M W F, 2.

Training in the principles of oral rhetoric, in summarizing, and outlining, in the use of the library, and in the presentation of prepared and extemporaneous speeches.

Economics 180. The Control of Poverty. (3) I. Peixotto
M W F, 2.

Studies in the facts and causes of poverty, and of public and private action to prevent destitution.

Economics 181. Care of Dependents. (3) II. M W F, 2. Stebbins

The problems of outdoor and institutional care of the dependent and defective classes.

Household Science 103. Human Nutrition. (4) I. Okey

Lectures M W F, 4; laboratory Tu, 1–4.

A study of the principles of nutrition, and of their application to the practical feeding problems encountered by the public health worker.

Hygiene 104. Public Health Administration. (3) II. Lucia

Lectures, M W, 3; Office Practice, Tu, 1–4.

Lectures, readings, individual reports, and supervised office practice in public health administration and procedure.

Hygiene 115. Preventive Medicine and Sanitary Engineering. (3) I.
M W F, 4. Kelly, Hyde, Langelier

Lectures, illustrated with charts and lantern slides, covering the important aims of preventive medicine. Historical review of the development of the subject to the present time. The control of com-

* Number in parenthesis refers to unit value of course.

† I, first half-year course; II, second half-year course; Yr., year course.

municable diseases. Methods of dealing with special public health problems, such as maternal and infant mortality, tuberculosis, venereal and degenerative diseases. School and industrial hygiene, public health organizations, health education and publicity. Sanitary engineering covering water supply, sewage and waste disposal, heating, ventilation and plumbing as applied to the home and community.

Hygiene 118A–118B. Principles and Practice of Public Health Nursing. (3–3) Yr. M W F, 1. BRYAN

A study of public health nursing, its administration, technique, fields, and social problems. A study of health education and of the opportunities and responsibilities of coöperative endeavor with all social agencies.

FIELD PRACTICE

Hygiene 120A–120B. Field Work in Public Health Nursing. (3–3) Yr. BRYAN, BLOODGOOD, BALCH, and Teaching Supervisors

M Tu W Th F, 8–11.

The field instruction is carried on through the agency of a public health nursing unit which has been organized for this purpose in the city of Berkeley. Each student of public health nursing is assigned to a section of the city corresponding roughly to a public school district. A teaching supervisor is placed in charge of several of these districts. This system of instruction furnishes a combination of close personal guidance and individual responsibility which results in the rapid development of the initiative and self-confidence so necessary to the public health nurse. The following types of service are rendered by the public health nursing unit:

School Nursing.—The service in the public and parochial schools includes physical inspection, weighing and measuring, home visits for the correction of defects and for general instruction, oral hygiene, nutrition programmes, communicable disease control, absentee control, and health education.

Berkeley Health Center.—The home visits for the health center are made by each public health nursing student for her own district. These include visits for both the medical and social services of the health center, to instruct the patient as to the meaning of directions received at the center, to follow up operative cases and to determine the reasons for failure to return to the center at the appointed times.

Berkeley Day Nursery.—This service includes inspection and observation of children in the nursery and home instructional visits to the families of those in attendance.

In addition to the above agencies each nurse makes instructional or nursing visits for such agencies as the Red Cross, the Metropolitan Life Insurance Company, and for private physicians when directed.

Psychiatry, Tuberculosis, and Venereal Diseases.—Before receiving her certificate each nurse must have discovered, carried, and solved several cases of the above conditions. The work is under the supervision of specialists in each instance, through the coöperation of municipal and state agencies.

Child Welfare Conferences.—Under the supervision of the physician in charge of each conference and of the teaching supervisor, each nurse will serve not less than three months in a child welfare conference, where she will be responsible for follow up and instructional visiting, often carrying the cases for the entire academic year. In addition, prenatal and *post partum* cases are carried by each nurse.

Nutrition.—Each nurse is given the opportunity to assist in the feeding of mid-morning and noon luncheons, as well as in conferences and home instruction.

Field Records.—Each nurse is carefully taught the daily record keeping, including the compilation of statistics, and reports of the various types required by all health and social agencies, and the routine work of the office.

UNIVERSITY OF CALIFORNIA

DEPARTMENT OF HYGIENE—PUBLIC HEALTH NURSING

PRELIMINARY APPLICATION

(Not a formal application for admission to the University. See instructions on page 4 of this bulletin.)

Name..... Telephone.....

Address..... City..... State.....

Date of birth.....Place of Birth.....

Single, married, widowed.....

Name and address of nearest relative.....

.....

State names and addresses of non-professional schools in which you were educated, with degree or certificate held from each.....

.....

.....

State name and address of professional school in which you received your training: .....

Did your training include—Com. Dis.....Out. Pt.....Tbc.....

State any professional post-graduate work.....

Are you an R.N.?.....Where.....Number.....

What foreign language do you speak?.....

What type of work have you done since graduation?.....

.....

.....

Give names and addresses of two references, not relatives.....

.....

.....

Credentials submitted in support of this application:.....
(Credentials should accompany application)

You wish to enter with the class beginning.....

Signature..... Date.....

UNIVERSITY OF CALIFORNIA

DEPARTMENT OF HYGIENE—PUBLIC HEALTH NURSING

STATEMENT OF PHYSICIAN

(To accompany Preliminary Application for admission to the Curriculum in Public Health Nursing.)

Name of applicant.....

Exact date of birth.....Height.....Weight.....

What serious illness has the candidate had?.....

.....

Underline any of the following conditions to which she is subject: Headache, backache, tonsilitis, gastro-intestinal disturbances, pelvic pain, menstrual irregularities.

What is her heredity, especially in relation to tuberculosis, epilepsy, or mental disease?.....

.....

Are her heart and lungs normal?.....

Is her urine normal?.....Give analysis.....

Are her teeth in good condition?.....

Is her breath odorless?.....Condition of skin?.....

Is her hearing good?.....

Is her vision normal?.....

If she wears glasses, when were her eyes last refracted?.....

Are her tonsils normal?.....

Has she been successfully vaccinated?.....When?.....

Has she any physical defect, such as flat foot, etc., which might interfere with the work of nursing?.....

Have you carefully examined the applicant, and do you recommend her admission to the school?.....

Signature..... M. D.

Residence .....

Date.....

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